

# The Colin Morath Memorial Trophy

| Position | Club                     | 'Countback' Total |              | % Change |
|----------|--------------------------|-------------------|--------------|----------|
|          |                          | Race 1 22-23      | Race 1 23-24 |          |
| 1        | Ackworth Road Runners    | 6635              | 4241         | 36.1     |
| 2        | Abbey Runners            | 2908              | 2050         | 29.5     |
| 3        | Horsforth Fellandale     | 6614              | 4937         | 25.4     |
| 4        | Horsforth Harriers       | 4125              | 3195         | 22.6     |
| 5        | Knaresborough Striders   | 6059              | 4809         | 20.6     |
| 6        | Kirkstall Harriers       | 3676              | 3100         | 15.7     |
| 7        | Kippax Harriers          | 5813              | 5230         | 10.0     |
| 8        | Chapel Allerton Runners  | 3512              | 3191         | 9.1      |
| 9        | Bradford Airedale AC     | 6888              | 6647         | 3.5      |
| 10       | York Postal Harriers     | 4019              | 3917         | 2.5      |
| 11       | St Theresa's AC          | 3086              | 3100         | -0.5     |
| 12       | Hyde Park Harriers       | 2514              | 2567         | -2.1     |
| 13       | Dragons RC               | 7696              | 7961         | -3.4     |
| 14       | Nidd Valley Road Runners | 3384              | 3502         | -3.5     |
| 15       | Roundhay Runners         | 2173              | 2288         | -5.3     |
| 16       | Saltaire Striders        | 3771              | 4063         | -7.7     |
| 17       | Harrogate Harriers       | 2777              | 3214         | -15.7    |
| 18       | Wetherby Runners         | 4563              | 5358         | -17.4    |
| 19       | Valley Striders          | 1495              | 1887         | -26.2    |
| 20       | Airecentre Pacers        | 3588              | 4547         | -26.7    |
| 21       | Rothwell Harriers        | 3240              | 4548         | -40.3    |
| 22       | Wharfedale Harriers      | 3859              | 5698         | -47.7    |
| 23       | York Tri Club            | 4753              | 7616         | -60.2    |
| 24       | Ilkley Harriers          | 2989              | 5170         | -73.0    |